

# UNITED WAY COMMUNITY FUND - CARLETON COUNTY



The **Community Fund** is the most powerful way to invest in your community. When you contribute to the Community Fund, you are helping children, youth, families, newcomers, individuals living with disabilities, and seniors in your area receive the services that are so invaluable in their daily lives. The United Way Community Fund directly supports the following essential community services in the Woodstock area:



Ability NB helps individuals living with a mobility disability and their families through one-on-one rehabilitation counseling and transition planning. Ability NB strives to help people live independently, improve their quality of life and participate in their community and workplace.



CHIMO helpline offers crisis and suicide support for residents of the Woodstock area. They provide a competent level of crisis intervention, referrals, and vital information in a caring, confidential manner.



CNIB provides support, information, and training for individuals living with vision loss. Children, youth, and families with vision loss are supported so they are better prepared for the transition to post-secondary education and future employment.



Easter Seals NB provides access to assistive technology, expertise, and specialized mobility equipment to individuals living with hearing, learning or physical disabilities.



The Family Support Service helps families of individuals with an intellectual or developmental disability and self-advocates navigate the complex government and community agency systems, to help everyone have equal opportunity, the possibility to fully participate in all aspects of life, and connect with other families to share experiences and learn from one another.



Neil Squire empowers Canadians with disabilities with the right tools to participate in work education and in everyday activities. United Way is supporting Makers Making Change - a new initiative that connects makers to people with disabilities who need assistive technologies.



Making Waves is a successful and evidence-based healthy relationships program for youth. This peer-based train the trainer program is unique and allows indigenous youth to educate and engage their peers on healthy relationships and relationship violence prevention.



Sexual Violence NB provides information, support and counseling to those affected by sexual violence and works towards the eradication of sexual violence through social change. United Way supports their Sexual Assault Counselling Program, Youth Sexual Violence Prevention Program, and Volunteer Crisis Intervention Program.

## COVID-19 EMERGENCY SUPPORT - **CARLETON COUNTY**

With the declaration of the pandemic, your United Way has been responding to the needs of people in your community. Below are examples of local efforts to help the most vulnerable during COVID-19. Because of donations from caring donors and federal and provincial governments, United Way of Central NB was able to distribute funds to provide emergency relief to those who needed it the most.



The Valley Family Resource Center serves families in the Woodstock, Florenceville-Bristol, and Perth-Andover areas. Many families were struggling with finances while awaiting provincial and federal programs to begin. The Valley Family Resource Centre was worried about their client's ability to afford and procure affordable and safe food during this time. Community Food Smart is a monthly bulk-buying program that offers a bag of fresh fruits and vegetables at a reduced cost to members. United Way of Central NB moved quickly to provide \$5000 to purchase 100 Community Food Smart bags for each of the 3 areas served by Valley Family Resource Centre. 1125 individuals benefitted from the emergency response.



Photos courtesy of Valley Family Resource Centre



The funds granted to Ability NB supported their outreach to individuals living with a mobility disability to conduct wellness checks, provide supportive counseling, and explore current needs by using their navigator framework.



Funds helped the Alzheimer Society to provide wellness checks, trainings on COVID-19 related challenges, and support to families on navigating programs and services.



Funds helped Chimo to update their current phone system to a cloud-based solution. This increased their capacity to improve access to mental health support services for New Brunswickers.



Funds helped to start an online support group for caregivers of individuals with mental health concerns. Additionally, CRMHAA is now able to offer free of charge Suicide Intervention Training in English and French to individuals across NB, providing them with the knowledge and tools to intervene in a suicide crisis.



Funds towards the provincial Elf and Clef Program will ensure that all children that require high impact literacy interventions will receive them.



Food For All NB (an initiative of United Way Central NB) was able to directly mobilize, align, and engage emergency food response efforts across the province in a concerted effort to respond to food security needs. Through this work, they helped Woodstock First Nation Health Centre secure funds via the Good Food Access Fund to purchase healthy food hampers for each household.



The Kidney Foundation of Canada was able to provide educational resources and support to foster, maintain, and increase positive mental health and connection to clients during the onset of Covid-19.

The Home Medical Aids program, provided dialysis patients with access to medical aids and equipment at home.



Neil Squire Society received funds to ensure persons with disabilities could continue to be provided with the Assistive Technology, tools, resources, and training needed to achieve their educational or employment goals.



By funding the Volunteer Crisis Intervention Program, Sexual Violence NB will expand to text and chat-based support services which enables them to expand their current phone-based 24-hour support line.



Valley Food Bank has used funds to ensure that their supply of food was able to meet the increased demand during these trying times.



Through emergency funding, Woodstock First Nation was able to offer One-on-One Mental Health Counsellor Sessions and Resilient Minds; a 12-week group program for individuals to meet with a Mental Health Social Worker to help find support during these COVID-19 challenging times.





## 2-1-1 SUPPORT IN NEW BRUNSWICK



**United Way  
Centraide**  
Central New Brunswick  
Région du centre du N.-B.



When you need  
community support.

Dial 2-1-1  
or visit 211.ca



HELP STARTS HERE



211 is a free, confidential service that connects people to critical social and community supports. 211 acts as the front door to government and community services, helping people navigate the complex network of programs and services quickly to find what they need for their unique situation. 211 is accessible 24 hours a day, in 170 languages.

On October 15, 211 service was expanded across the country through an investment from the Emergency Community Support Fund by the Government of Canada and United Way Centraide of Canada. Through its network of partners and resources, 211 is now available Canada wide simply by dialing 2-1-1.

211 Service is now available in all three Territories, New Brunswick and Newfoundland and Labrador as well as expanded services in the province of Quebec and the addition of telephone service for the province of Manitoba.



Don't struggle alone.

Call 2-1-1 to connect with mental health supports.



HELP STARTS HERE



In 6 months the phenomenal 211 Community Navigators across New Brunswick have answered well over 6000 calls, and connected New Brunswickers to the critical human, social, community and government support they needed, when they needed it most.

Single moms called looking to see how and where they could find help to make sure they and their children would always be ok. Seniors called in for help with their taxes and overcoming loneliness. Fathers picked up the phone for their children struggling with mental health. Community organizations and local agencies dialed 2-1-1 to support their clients and their communities.

211 will continue to support New Brunswickers finding housing support, navigate food access, financial assistance, mental health resources, COVID relief programs, newcomer support, family support and more.

Phones are answered 24/7, 365 days a year, in 170 languages through interpretation services. Anyone can call. Life can be hard, but finding help doesn't need to be.

You can reach 211 in the following ways:

- dial 2-1-1
- dial 1-855-258-4126 (VRS)
- TTY line 1-855-405-7446
- email [211nb@findhelp.ca](mailto:211nb@findhelp.ca)



Looking for relief on utility bills?

Dial 2-1-1



HELP STARTS HERE





# SOUTIEN 2-1-1 AU NOUVEAU-BRUNSWICK



**United Way  
Centraide**  
Central New Brunswick  
Région du centre du N.-B.



Les navigateurs 211 sont toujours là pour répondre à votre appel.



L'AIDE, ÇA COMMENCE ICI



211 est un service gratuit et confidentiel qui met les gens en contact avec les services sociaux et communautaires essentiels. Le 211 est la porte d'entrée des services gouvernementaux et communautaires, aidant les gens à naviguer dans le réseau complexe de programmes et de services afin de trouver rapidement ce dont ils ont besoin pour leur situation unique. Le 211 est accessible 24 heures sur 24, dans 170 langues.

Le 15 octobre, le service 211 a été étendu à l'ensemble du pays grâce à un investissement du Fonds d'urgence pour l'appui communautaire par le gouvernement du Canada et Centraide du Canada. Grâce à son réseau de partenaires et de ressources, le service 211 est maintenant accessible partout au Canada en composant simplement le 2-1-1. Le service 211 est maintenant offert dans les trois territoires, au Nouveau-Brunswick et à Terre-Neuve-et-Labrador, ainsi que des services élargis dans la province de Québec et l'ajout d'un service téléphonique pour la province du Manitoba.



Un grand merci à tous nos travailleurs de la santé.



L'AIDE, ÇA COMMENCE ICI



En six mois, les incroyables navigateurs communautaires 211 du Nouveau-Brunswick ont répondu à plus de 6 000 appels et ont mis les Néo-Brunswickois en contact avec du personnel de soutien humain, social, communautaire et gouvernemental dont ils avaient besoin, au moment où ils en avaient le plus besoin.

Des mères célibataires ont appelé pour savoir comment et où elles pouvaient trouver de l'aide pour s'assurer qu'elles et leurs enfants seraient toujours bien. Des personnes âgées ont appelé pour obtenir de l'aide concernant leurs impôts et pour surmonter la solitude. Des pères ont décroché le téléphone pour leurs enfants aux prises avec des problèmes de santé mentale. Des organisations communautaires et des organismes locaux ont composé le 2-1-1 pour appuyer leurs clients et leurs collectivités.

**Le 211 peut vous diriger vers des services de soutien en santé mentale.**



Quand la vie change, composez le 2-1-1.



L'AIDE, ÇA COMMENCE ICI



Gratuit | Confidentiel | 24/7 | Dans plus de 150 langues

Le service 211 continuera d'aider les Néo-Brunswickoises et Néo-Brunswickois à trouver un soutien au logement, et à s'orienter pour avoir accès à de la nourriture, à l'aide financière, aux ressources en santé mentale, aux programmes de secours COVID, au soutien aux nouveaux arrivants, au soutien aux familles et plus encore.

Les téléphones sont pris en charge 24 heures sur 24, 7 jours sur 7, 365 jours par an, dans 170 langues grâce à des services d'interprétation. Tout le monde peut appeler. La vie peut être difficile, mais trouver de l'aide n'a pas à l'être.

Vous pouvez joindre le 211 de la manière suivante :

- composez le 2-1-1
- composez le 1-855-258-4126 (VRS)
- Ligne ATS 1-855-405-7446
- Courriel : 211nb@findhelp.ca