

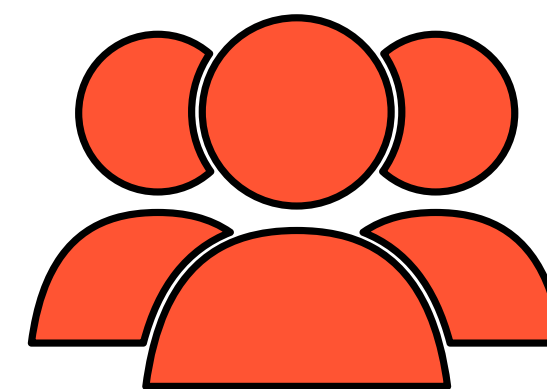
Our impact on

Mental Health



2019-2020

11,554



people impacted

Highlights from Our Work

- Chimo Helpline provided 1,104 callers with a listening ear, helpful information, crisis intervention, and referrals to services to further improve their mental wellness, with 93% of callers experiencing reduced emotional intensity.
- Capital Region Mental Health and Addiction's outreach programs impacted 135 people who said they were able to bring more knowledge and understanding of mental health prevention to their communities.
- At Chipman Youth Centre, 215 developed positive relationships, experienced new activities, and developed leadership skills that help them have a more positive quality of life.
- 87 children and youth built relationships with the mentors they were matched with through Big Brothers Big Sisters and reported taking steps towards their goals, including improved emotional wellbeing.

\$527,000

invested from the
Community Fund as part of
our regular programming



\$50,875

invested from the
Atlantic Compassion Fund
in response to COVID 19



Some of Our

Partner Agencies

- Ability New Brunswick ●
- Boys and Girls Club ●
- Big Brothers Big Sisters ●
 - Chimo Helpline ●
- Chipman Youth Centre ●
- Family Enrichment & Counselling Services ●